

E3 WILDERNESS EXPEDITION



WHO CAN APPLY?

E3 is aimed at year 12 and 13 students. Each E3 expedition is aimed at an average fitness level and all technical equipment and expertise is provided.

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E3 WILDERNESS EXPEDITION

E3 is a 10 Day Wilderness Expedition. You don't need to be super fit, just open to having a life-changing journey together. Travel using a variety of pursuits **Tramping, Rafting, Canoeing & Mountain Biking**. Get involved in a temporary community where you have a chance to ask the the big questions around your faith and what it looks like as you leave high school.



EQUIP!

EXPLORE!

EMPOWER!



WHAT'S E3 ABOUT?

E3 is a partnership between SUNZ, Adventure Specialties and AROCHA NZ. E3 ministries believe that wilderness experiences help us to develop our faith, character and appreciation of God's creation around us.



WHAT OUR STUDENTS HAVE SAID:

"I learnt a lot about myself and others, also how amazing creation is! Seeing beautiful scenery I've never experienced before and animals and plants, all created by God!"

"It was an environment that you could feel comfortable to share your feelings - this was a big help as it was encouragement for me in my faith journey."

"We are human beings that long most for good connections and friendships with people and therefore that is the solution to how we should support people."

The rafting I found great, we got taught all the basics of calls and everything and I also got to learn how to steer the raft/be the guide which I absolutely loved!

"We started off as a bunch of strangers and ended up like a close knit family."

WHAT WILL BE INVOLVED?

E3 Journeys involve a range of outdoor pursuits (Rafting, Canoeing, Mountain-Biking, Tramping) as together we pilgrimage through remote wilderness areas of Aotearoa, New Zealand.

Each Journey will look different depending on its location - a multi-day expedition rafting on the Clarence River, or scaling peaks around Otago and canoeing through the Makarora valley.

Each trip is focused on faith and character formation, conservation, and leadership development. Through daily reflections and discussions we will explore how we fit into God's big picture and what this might mean for our decisions in the next season of life. Students also will learn practical life-skills: practicing back-country cooking, sharing their own stories and facilitating decision-making.