

E3 WILDERNESS EXPEDITION



E3 Canterbury

Date: 9 - 20

December 2017

Cost: \$500

Start: Christchurch



E3 Otago

Date: 9 - 20

December 2017

Cost: \$500

Start: Makarora,
Wanaka

WHO CAN APPLY?

E3 is aimed at year 12 and 13 students. Each E3 expedition is aimed at an average fitness level and all technical equipment and expertise is provided.

www.sunz.org.nz/e3

PO BOX 760, Wellington 6140 - 0508 423 836 - info@sunz.org.nz



E3 WILDERNESS EXPEDITION

E3 is an 11 Day Wilderness Expedition. You don't need to be super fit, just open to having a life-changing journey together. Travel using a variety of pursuits: **Tramping, Rafting, Sea Kayaking & Mountain Biking**. Get involved in a temporary community where you have a chance to ask the the big questions around Christian faith and the shape of life as you leave high school.



EQUIP!

EXPLORE!

EMPOWER!



WHAT'S E3 ABOUT?

E3 is a partnership between SUNZ, Adventure Specialties and A ROCHA NZ. E3 ministries believe that wilderness experiences help us to develop our faith, character and appreciation of God's creation around us.



WHAT WILL BE INVOLVED?

E3 Journeys involve a range of outdoor pursuits (Rafting, Sea Kayaking, Mountain-Biking, Tramping) as together we pilgrimage through remote wilderness areas of Aotearoa, New Zealand.

Each Journey will look different depending on its location - tramping through the Lewis Pass high country and a multi-day expedition rafting on the Clarence River, or scaling alpine passes in Aspiring National Park and Sea Kayaking across Lake Wanaka.

Each trip is focused on faith and character formation, conservation, and leadership development. Through daily reflections and discussions we will explore how we fit into God's big picture and what this might mean for our decisions in the next season of life. Students also will learn practical life-skills: practicing back-country cooking, sharing their own stories and facilitating decision-making.

WHAT OUR STUDENTS HAVE SAID:

"I learnt a lot about myself and others, also how amazing creation is! Seeing beautiful scenery I've never experienced before all created by God!"

"It was an environment that you could feel comfortable to share your feelings - this was a big help as it was encouragement for me in my faith journey."

"Through E3 I have grown in confidence in myself. I also think my mental strength has improved. What I learned on E3 has already helped me in the leadership role I now have at school."

"I have a new respect for creation and the need to conserve and appreciate what we have been given."

"We started off as a bunch of strangers and ended up like a close knit family."